



News For And About Residents Of The Palencia Community

Happy New Year!



Palencia

ST. AUGUSTINE

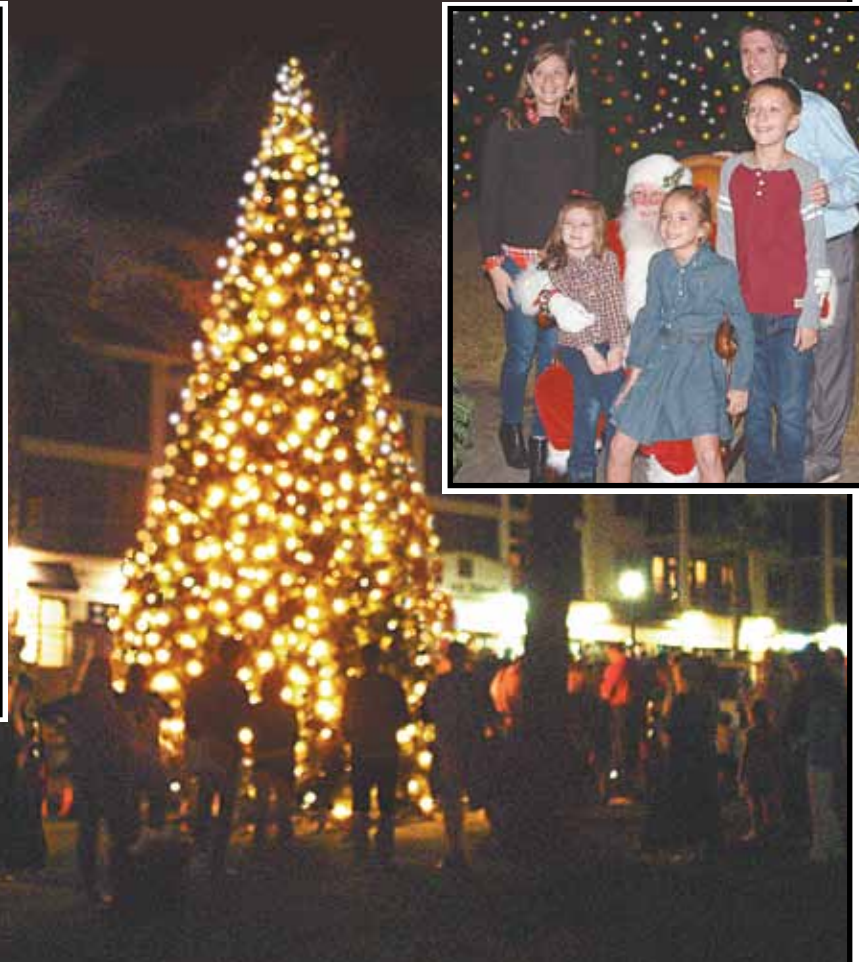
PRESS

JANUARY 2020

Christmas Spirit Comes Alive In Palencia

Despite the warm Florida weather, Palencia residents came out with holiday spirit in their hearts for the 2019 Palencia Christmas tree lighting. The merriment was as bright as the 30 ft. tree sparkling with hundreds of lights, and a “snow machine” gave the littlest Floridians a chance to experience a white Christmas.

A huge crowd gathered on Market Street on December 6th for the community’s annual kick-off to the holidays. Kids eagerly waited to welcome Santa with their Christmas lists in hand. Everyone sipped hot cocoa, ordered mobile munchies from their favorite food trucks and enjoyed horse-drawn carriage rides through Palencia. This year, a caricature artist painted fond memories of smiling kids celebrating the community’s most popular event.



Clockwise, horse-drawn carriage rides through Palencia, families visiting Santa and the community Christmas tree. See More Photos On Page 18.



It’s a Palencia Christmas tradition to sit on Santa’s knee and tell him what’s on your holiday wish list. Kids also wrote letters to Santa and posted them in his red mailbox situated near the 30 ft. tree.

Parks, Roadways Were Among Community’s Accomplishments in 2019

By Howard Entman, MD Chairman, Marshall Creek CDD

We have just celebrated our one-year anniversary with Katie Hollis as our CDD General Manager and Vinelle Miller as our Assistant General Manager. As a result of Katie’s, Vinelle’s, and our team managers’ work ethic and experience, along with major efforts on the parts of your CDD Board of Supervisors, the transition from Hines Company management was seamless. The pace of property and lifestyle enhancements has also accelerated as the year progressed.

Like you, I am assessed fees each year for the operation and maintenance of our CDD. Here are some of the day to day activities and noteworthy accomplishments of our 2019 efforts:

- Our in-house landscaping and engineering team maintain 60 acres of grass and shrubbery, hundreds of trees, and 8,000 plus sprinkler heads.

Continued On Page 4

PRSR STD
US POSTAGE PAID
JACKSONVILLE, FL
PERMIT # 315

The Palencia Press
P. O. Box 600022
Jacksonville, FL 32260

Featured Property of the Month



**544 Sebastian Square
New Price \$494,000**

**The Ray Team
904-806-3489**

cammyray@watsonrealtycorp.com
www.cammyray.watsonrealtycorp.com



**Successfully
Selling
Palencia
Since 2007**



Palencia Community Classified Ads

Psychic Medium & Empath

Start the New Year off right and let go of the past! In-person readings and house investigations in the Palencia area.
E-mail MediumJunie@aol.com or
904-377-3420 with contact info.

NOW HIRING

College Nannies + Sitters is hiring. We'd love to have you join our family. You'll have complete control of your schedule - part time or full time. P.S. You don't have to be in college to apply.
collegesitters.com/join
904.512.7554

Christmas Puppy S.I.T.

Specialized Individual Training
Certified Dog Trainer, CASI
Kathy Tracy (904)707-0470
ktracy101@gmail.com
**Now Offering Therapy Training
and Certification**

A Better You Starts with a Better Brain

Train your brain to function better with EEG Neurofeedback. This includes better focus, better self-regulation, less anxiety, better emotional control. Great for students and adults alike. Used by corporate CEO's and elite athletes. Free Initial consults in January. Office in Palencia! Board Certified. CenterForNeuroFitness.info
904-584-4210 FLNeurotherapy@aol.com

The Palencia Press

P.O. Box 600022
Jacksonville, FL 32260
Email: thepaper@bellsouth.net

**Advertising Hotline
904-436-5887**

Articles and information must be received by the 10th of the month in order to appear in the following month's issue. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff. All articles are subject to editing.

Thought For The Day

My therapist told me the way to achieve true inner peace is to finish what I start. So far today, I have finished two bags of M&M's and a chocolate cake. I feel better already. -Dave Barry

Words Of Wisdom

He will judge between the nations and will settle disputes for many peoples. They will beat their swords into plowshares and their spears into pruning hooks. Nation will not take up sword against nation, nor will they train for war anymore.

Come, descendants of Jacob, let us walk in the light of the Lord. - Isaiah 2:4-5

Happy New Year!



"Voted Best
Orthodontist
in
St. Augustine"



**Creating
Beautiful
Smiles for
Over 30
Years!**

smiles
by
GLENOS

ORTHODONTIST

ST. JOHNS

111 Doctors Village Drive - Race Track Road • St. Johns, FL 32259

ST. AUGUSTINE

22 St. Johns Medical Park Drive • St. Augustine, FL 32086

WILLIAM J. GLENOS, D.M.D., P.A.

Board Certified Orthodontic Specialist For Children,
Teens, and Adults

904.79SMILE (797.6453)
smilesbyglenos.com



Connect With Us!

Create a Lasting Impression



*Home Renovations • Retail Showroom
Interior Design*

Store Hours

Mon-Wed, Fri
10am—6pm

Thursday
10am—8pm

Saturday

By Appointment Only

Sunday Closed

Featuring

WELLBORN
CABINET.



DONNA MANCINI
INTERIORS & FLOORING

904-810-2027



www.DonnaManciniInteriorsandFlooring.com

Just 4 miles North of Palencia at 141 Hilden Rd. #202



Palencia Community Classified Ads

Continued From Page 2

Annette's Pet Sitting
Mature Loving Care In Your Home
 Multi-Daily Visits, Dog Walking
 Overnight Stays
904-540-1923
 annettelovespets@gmail.com

Water Expert
 36 years experience in the water treatment industry. Free water quality consultation. Call and save today. 904-679-8998

Pasta Night Every Monday & Tuesday At Jonis Pizza \$7.99
 Choose from Spaghetti & Meatballs, Fettucini Alfredo, Baked Ziti.
 145 Hilden Rd., Suite 118
904-810-0702

iPhone Repair
 Palencia resident repairs iPhones. Specilizing in broken iPhone screens. Call Ben Feldman 904-844-1339.

Nease NJROTC Victorious At Atlanta Drill Competition

By Captain Scott LaRoche, USCG (Ret), Senior Naval Science Instructor



Left, Nease NJROTC celebrates winning the November Sprayberry Drill Meet championship.

Below, Nease NJROTC stands at attention during Personnel Inspection at the Sprayberry Drill Meet. Nease won both this individual event and the meet overall championship.



Nease Navy JROTC's varsity drill team travelled to Atlanta recently to take on 15 of the best NJROTC programs in north Georgia and the team did not disappoint, taking home the overall academic, athletic and drill championship held at Sprayberry High School in Marietta, Georgia.

In addition to claiming the overall championship trophy, Nease picked up six of 12 first place event trophies for Personnel Inspection, Overall Drill, Armed Exhibition, Overall Athletics, Push Ups and Sit Ups.

Several cadets took home individual medals for exceptional performance in athletics. Rachael Tawdrous, Isabelle

Rivera, Teagen Pettit and Emmelie Neff earned top honors for Female Sit-ups. Pettit, Amber Vidler, Anna Hampton and Yuan Tian garnered top medals in Female Pushups. Brogan Donnelly, Brody Mongon, Reef Hamilton and Nate Fagen placed 1st and 4th in Male Sit-ups, and Juan Castillo took home 4th in Male Push-ups. This marks two consecutive competitions where Donnelly has won 1st place medal in Situps, averaging 306 each time.

For five years running, Nease has won the North Florida and state of Georgia Drill championships and will be eyeing a sixth when they compete in Douglas, Georgia on March 7th at the Area-12 Championships.

a remarkable
Résumé

Sarah Jewell
 Certified Professional Résumé Writer
 Certified Career Management Coach

904.824.3608
 sjewell@aremarkableresume.com
 www.linkedin.com/in/sjewell

www.aremakableresume.com
 BBB Accredited Business

Résumés
 Cover Letters
 Career & Interview Coaching
 Professional Bios
 Linkedin Profiles
 Career Assessments

EYE CENTER OF ST. AUGUSTINE

**THE EYE SURGERY CENTER OF ST. AUGUSTINE
THE OPTICAL SHOP**

PAUL W. HUND, III, M.D.

TODD P. THOMPSON, M.D.

**RUSSELL W. NELLIGAN, M.D.*
*Cornea Specialist**

N. PATRICK HALE, M.D.

MICHAEL A. DAGOSTINO, O.D.

TODD S. HOCKETT, O.D.

TOTAL EYE CARE UNDER ONE ROOF

- All Board Certified Physicians
- Cataract & Lens Implant Surgery
 - Diabetic Eye Exams
 - Glaucoma/Retinal Disease
 - All Eye Laser Procedures
- Ophthalmic Plastic Surgery
- Optical Shop On Premises

MEDICARE & MEDICAID PARTICIPANTS

- ACCEPTING NEW PATIENTS

1400 U.S. Highway 1 South, St. Augustine
904-829-2286

319 West Town Place, Suite 8, World Golf Village
904-940-9200

10 Florida Park Dr., Suite A, Palm Coast
386-445-1279

800 Zeagler Dr., Suite 120, Palatka
386-328-8369

* WE ACCEPT MEDICARE, BLUE CROSS & BLUE SHIELD, UNITED, CIGNA, AND MOST MAJOR MEDICAL HEALTH PLANS.

ACCREDITED
ACCREDITATION ASSOCIATION for AMBULATORY HEALTH CARE

Chosen St. Augustine's
Best Vision Center
14 Years In A Row!

Palencia Residents!

Visit our office just 10 minutes from Palencia at World Golf Village

www.eyecenterstaug.com

319 West Town Place, Suite 8
World Golf Village



Now
hiring!

IS NUTURING IN YOUR NATURE? We'd love your help.

If you enjoy caring for little ones, we'd love to have you join our family. You'll have complete control of your schedule - part time, full time or whenever the mood strikes - while building stronger families in your community.

Apply today at collegesitters.com/join
St. Augustine, FL • 904.512.7554

COLLEGE
nannies+sitters

© 2019 College Nannies + Sitters + Tutors

No Solicitation Signs Up In Palencia

By Andrea Coneglio,
Palencia Resident



Marshall Creek Palencia has posted NO SOLICITATION SIGNS at various locations. These signs are meant to deter solicitors from entering Palencia. St. Johns County requires these solicitors to obtain a permit from the county. They are also required to display an ID with their name and company name in plain sight. You might ask: what do I do if I see a solicitor in Marshall Creek Palencia?

Contact the CDD office at 904-810-052. Katie Hollis, our General Manager will contact the solicitor. Soliciting is only allowed if they have a permit.

Parks, Roadways Were Among Community's Accomplishments in 2019

Continued From Page 1

We trimmed and "lifted" all the tress on Palencia Village Drive and in some of the neighborhoods. We began planting colorful annual and perennial flowers throughout the community to enhance the "visuals" of our streets.

- We maintain 25 Neighborhood parks.

Most of the parks have been "cleaned up," thinning the vegetation and replacing play equipment as needed. Treehouse Park was completely redone.

- We maintain 17 miles of roadways.

Palencia Village Drive was repaved, with reflectors in the roadway. CDD street lighting was converted to LEDs. A program of pressure washing the curbs and repainting the crosswalks has been started and will continue as a regular maintenance item.

- We operate and maintain two amenity facilities with three swimming pools.

We "spruced up" the pools at the Amenity Center. We installed a kiddie splash pad, increased the number of chaise lounges and refurbished the water slide.

- We maintain and operate the best tennis facility in the area with a robust tennis/pickleball program.

LED lights were installed on several courts - more will be converted in 2020.

Several tennis socials were held during the year.

- We plan and execute 22 family street events during the year

More than 1,000 people attended our fall festival.

- We are responsible for the general security of our community.

Gatehouse guards were replaced with a modern virtual guard system that records the license plate of every vehicle entering through the gates. We now have one of the latest gate monitoring systems available. We continue to have sheriff roving patrols throughout our community.

- We have an efficient management team and active Board of Supervisors.

We are near completion of getting 95 percent reimbursement (\$940,693.) for our costs in repairing the boardwalk. Many communities haven't yet received their first dollar.

As Chairman of our CDD, I assure you that our staff and Board have worked diligently to see that we all get the most for our money - a beautiful place to live and modern, clean amenities; all of which contribute to a better life style and higher property values.

2019 was a good year; 2020 will be better. Thank you for your support.

Your Organizing Studio
An organized life starts with an organized home

BOOK YOUR FREE IN-HOME CONSULTATION

Do you want peace of mind?
Do you envision yourself enjoying your home and your life with less stress, doing the things you love?
Do you know how to begin?

You hire a Professional Organizer

We offer professional home-organizing services that are personalized, functional, and aesthetically beautiful so that you can live the life you deserve.

100% Confidential and non-judgemental.

(904) 351-8343

www.yourorganizingstudio.com
contact@yourorganizingstudio.com



Maria Alejandra Rivera
Palencia Resident

The Southern Gardener LLC



Layla Marie

**Affordable
Lawn and
Landscaping**

904-377-1887

Licensed & Insured

Spotlight On Palencia People



Left, Maria Alejandra Rivera creates organized spaces that are both functional and beautiful.

Inset, Rivera and business partner Sonia Iturregui handle all the sourcing and decluttering.

Palencia Resident Shows How To Organize Your Home In The New Year

Palencia resident Maria Alejandra Rivera has taken her gift of organizational skills and an eye for decoration and turned it into a new business as a professional organizer, where she helps people declutter and organize their homes and other spaces.

Rivera, who moved to Palencia in 2005 with her husband Erick and their three children, is certainly not a stranger to many Palencia families. For five years, Rivera taught Spanish at Palencia Elementary's after school program and although one of Rivera's passions is teaching, she says the launching of "Your Organizing Studio" allows her to help people design, decorate and create organized spaces that are both functional and beautiful.

Your Organizing Studio is a full-service organizing company that helps its clients handle and tackle any home

organization project.

"It is amazing how people can feel calmer and in control when all things at home have a 'place,'" Rivera said. "Organizing is a skill that can be learned and mastered over time. Fast pace in our daily lives make people's minds and space feel cluttered when they are not able to keep up with the house."

Rivera says her professional organizer services are especially beneficial for people experiencing a significant life change like an addition to your family, a divorce, starting a new job or when the house is full of clutter and you don't know where to start. Clients also use her services when moving in or out or if the home needs to be cleared out fast or "if you just want to learn to be more organized."

When she is not busy helping clients declutter their homes so they can

Continued On Page 7



GET AHEAD OF HAIR LOSS

*Let's chat about the evolution in
Men & Women's Hair Health.*

Friday, January 24th, 10am - 1pm

FREE consultation & gift for attendees with special package pricing.

RSVP 904-245-1320 or
rsvp.harmonymed@gmail.com

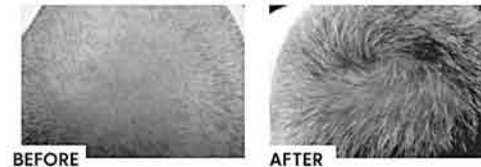
NeoGraft
HAIR TRANSPLANTATION



ECLIPSE
PRP
HAIR RESTORATION



NeoLTS
LED LIGHT THERAPY



Anh Vu, M.D.

BOARD CERTIFIED PLASTIC SURGEON

(904) 245-1320 · WWW.ANHVUMD.COM

301 HEALTH PARK BLVD., SUITE 109, ST. AUGUSTINE, FL

BOTOX & JUVEDERM · FACE & NECK LIFTS · TUMMY TUCKS

BREAST AUGMENTATIONS · VASER LIPO

NEOGRAFT® HAIR TRANSPLANT · COOLSCULPT® · LASER RESURFACING

MICRONEEDLING & PRP THERAPY · IPL TREATMENTS

INTERNATIONAL GOLF REALTY
904.940.9990
Myhome@igolfrealty.com
Contact The World Golf Village Real Estate Experts
559 W. Twincourt Trail #603, St. Augustine, FL 32095

**Expertise isn't expensive...
it's PRICELESS**



Transforming Relationships Through Quality, Research-Based Marriage and Family Therapy

12724 Gran Bay Parkway West
Suite 410
Bartram Park
904-289-2954



**HAPPY COUPLES
HEALTHY COMMUNITIES**

Michael Brown,
MSC, LMFT

www.happycoupleshealthycommunities.com



**Ask A Master Gardener
Anastasia Project – Call
For Volunteers!**

By Norie Flowers, Palencia Resident
Master Gardener
norie.flowers@outlook.com

Do you have landscape questions in which you would like help? I live in Palencia, so please email me at norie.flowers@outlook.com and I will answer you immediately.

Anastasia Project – Call For Volunteers!

Anastasia Preserve, located in Anastasia State Park, is the home to some of North Florida's most important aquatic life, especially turtles. Because of the prolific spread of the problematic invasive Brazilian Pepper plant, over 150 acres of this fragile ecosystem is now at risk.

Brazilian Pepper is one of the most aggressive and wide-spread of the invasive, non-indigenous exotic pest plants in Florida. They were brought to Florida in the mid-1800s for use as ornamental plants. More than 700,000 acres in Florida are now infested with this poison ivy-like invasive which produces a dense canopy. The canopy then crowds out native plants and invades aquatic as well as terrestrial habitats and greatly reduces native biotic communities.

Recent research done by the Wetland and Aquatic Research Center of the U.S. Geological Survey reports that winter climate change is expected to lead to the tropicalization of temperate ecosystems, where tropical species such as the Brazilian Pepper grow. Lower temperatures reduce their numbers. However, in response to warming winter temperatures, Brazilian pepper is now expected to expand northward and transform ecosystems in North Florida (and much of the Gulf of Mexico and south Atlantic coasts). It is all the more important now to identify and manage this invasive plant in our area.

Because of the invasive nature of Brazilian Pepper, the Florida Department of Environmental Protection has classified it as a Class I - "Prohibited Aquatic Plant" under section 62C-52.011 and the sale and or movement of this species is prohibited.

Brazilian Pepper costs the government and private landowners a significant amount of time, money and manpower to control.

For new Palencia residents who have not yet visited this area, Anastasia Preserve is stunningly beautiful, with huge numbers of aquatic life, particularly turtles and birds. This aquatic community thrives on Florida native plants that are now at risk because of the proliferation of Brazilian Pepper on the Preserve.

A volunteer group was assembled last January, and volunteers worked to rid the

Preserve of eight acres of Brazilian Pepper, having spent 200 hours from January to May on the project.

As mentioned above, because the Preserve alone has 150 acres of Brazilian Pepper, this is a project that will continue until we win the fight against this highly destructive invasive plant.

We have begun again to continue the work started last year and we need you, Palencia residents, who are environmentally aware, to commit some time to combat this huge problem.

This project is also a lot of fun and the Preserve is beautiful. When you commit some free time, you can feel confident that you are doing something significant for our community now and for the future.

Participation in this project is also a great way to meet new friends who care about the environment as much as you do. The photo below shows a few of the crew I captured this month during our first work party of 20 volunteers who have signed up, both men and women. We use power saws and clippers to bring down the Brazilian Pepper, and a controlled burn is then done when weather conditions are exactly right.

While everyone in our modern world has busy schedules, please think about reserving just a little of your time to do something substantial. Your work will be part of the legacy that ensures the survival of one of St. Augustine's most fragile biotic communities - Anastasia Preserve.



Our work party meets every other Saturday, from 9:00 a.m. to noon. To sign up, **please contact me through my email listed above.**

Come and join us! It is the "toughest job you will ever love!"

Information contained in this article was derived from the University of Florida Institute for Food and Agricultural Sciences (IFAS) and the Wetland and Aquatic Research Center, U.S. Geological Survey.

Asian - European & Domestic Car Specialists

Feldman Auto Repair

Like Us On

Honesty & Integrity are our Best Attributes - The Feldman family has been serving Palencia Residents for over 8 years

Gary Feldman,
Master Technician
Working On Foreign & Domestic Cars for Over 35 Years

Mike Weitz,
Trained in Diagnostic Mechanics, Hybrids & General Maintenance

**3816 N. U.S.1 • St. Augustine
(904) 217-0865
www.feldmanautorepair.com**

We Specialize In:
Engine Diagnostics/Driveability
Brakes • Front Ends • Tune-Ups • Timing Belts/Chains
• C/V Boots & Axles • Tires • General Maintenance

We Sell Tires

With FREE Lifetime Repair & Rotation!

<p>MAINTENANCE LIGHT RESET</p> <p>We Reset All Maintenance & Service Lights On All Vehicles</p> <p>Feldman Auto Repair</p>	<p>ENGINE LIGHT DIAGNOSTICS</p> <p>\$45⁰⁰</p> <p><small>Some addl. diagnostic charges may apply</small></p> <p>Feldman Auto Repair <small>With this coupon. Not valid with other offers or prior purchases. Offer Expires 1-31-20</small></p>	<p>TIRE AND BRAKE INSPECTION</p> <p>Free</p> <p>Feldman Auto Repair <small>With this coupon. Not valid with other offers or prior purchases. Offer Expires 1-31-20</small></p>	<p>OIL CHANGE SPECIAL</p> <p>\$24⁹⁹*</p> <p><small>Includes up to 5 qts oil & oil filter. Good For Most Cars Plus Disposal Fee</small></p> <p>Feldman Auto Repair <small>With this coupon. Not valid with other offers or prior purchases. Offer Expires 1-31-20</small></p>
<p>AIR CONDITIONING SERVICE</p> <p>\$124⁹⁵</p> <p><small>Includes • Evacuate and Recharge system • UV Dye • Check entire system</small></p> <p>Feldman Auto Repair <small>With this coupon. Not valid with other offers or prior purchases. Offer Expires 1-31-20</small></p>	<p>SERVICE SPECIAL</p> <p>\$10⁰⁰ OFF</p> <p><small>Retail Or Service Of \$100 Or More. Most Vehicles.</small></p> <p>Feldman Auto Repair <small>With this coupon. Not valid with other offers or prior purchases. Offer Expires 1-31-20</small></p>	<p>COOLING SYSTEM SERVICE</p> <p>\$45⁰⁰</p> <p><small>Plus Fluid • Check entire system</small></p> <p>Feldman Auto Repair <small>With this coupon. Not valid with other offers or prior purchases. Offer Expires 1-31-20</small></p>	<p>FULL SYNTHETIC OIL CHANGE</p> <p>\$79⁹⁹*</p> <p><small>Includes up to 5 qts oil & oil filter. Good For Most Cars. Plus Disposal Fee</small></p> <p>Feldman Auto Repair <small>With this coupon. Not valid with other offers or prior purchases. Offer Expires 1-31-20</small></p>

* Some Cars Slightly Higher

EDP

EVERY DETAIL PAINTING

1 (800)-PAINTER
(904) 599-5320

Residential & Commercial Painting

Interior & Exterior

- Licensed
- Bonded
- Insured

www.edpcorp.net • everydetailpaintingcorp@gmail.com • 701 Market Street
Lic# ST-9617

Logan Nicholson Signs To Play Women's Soccer At University Of New Hampshire



Palencia resident Logan Nicholson has signed a letter of intent to play Division 1 Soccer for the University of New Hampshire. A starting varsity player all four years at Nease High School, Logan captained the Armada ECNL team the past two years. She is Topdrawer Soccer Ranked #18 top player in the State of Florida. Logan began her soccer vocation in 2004 when she played for Colorado Rush.

At left, Logan is shown with parents Bill and Lisa Nicholson, Palencia residents.

Organizing Your Home In The New Year

Continued From Page 5

experience piece of mind, Rivera says her family enjoys all the aspects of living in the Palencia community.

"We consider ourselves blessed to be able to raise our children here and be a part of the beautiful Palencia community," Rivera said.

Your Organizing Studio offers single sessions, all-inclusive packages, as

well as monthly maintenance packages. They handle the sourcing, the shopping, and product returns; they also arrange appointments with other service providers if necessary, and manage donations for you. Contact Your Organizing Studio for a free in-home consultation or visit www.yourorganizingstudio.com or call 904-351-8343.

Kathy Runyan, Realtor



(904) 703-8900

Kathleen.runyan@gmail.com

FloridaHomesbyKathy.com



Recap of Palencia Real Estate for Jan - Nov 2019

119
Pre-Owned Single Family Homes Sold

57
New Construction Single Family Homes Sold

29
Condominiums Sold

11
Lots Sold

Currently Available

46
Single Family Homes

10
Condominiums

25
Lots

Contact me if you would like more details!



Thank you for 20 years of Trust!



ORTHOPAEDIC ASSOCIATES
of St. Augustine

oastaug.com | 904.825.0540

2 Locations: One Orthopaedic Place, St. Augustine, FL 32086
3055 CR-210 West, Suite 110, St. Johns, FL 32259

Independently & Privately Owned



WORLD CLASS MEDICINE WITH HOMETOWN CARE

Treatment of Digestive Conditions and Diagnostic Procedures

Board Certified in Gastroenterology



Santiago A. Rosado, MD



Steven Yu Villanueva, MD



Timothy J. Cavacini, DO



Stuart A. Soroka, MD



Daniel J. Gassert, MD



William J. Barlow, MD



Anis A. Ahmadi, MD



Camille A. McGaw, MD

We Specialize in Colon Cancer Screening and in Diagnosis and Treatment of:

- Reflux • Heartburn
- Digestive Disorders
- Crohn's
- Hemorrhoids
- Hepatitis
- Pancreas Disease
- Gall Bladder Disease
- Stomach Disorders

New Patients Welcome

904.824.6108

• 216 Southpark Circle East
St. Augustine

• 52 Tuscan Way, Suite 203
World Golf Village

www.gi-associates.com



K-Kids Bring Community Service To The Palencia Community And Beyond

By Ilene Bomser, Palencia Elementary PTO

Palencia Elementary School has introduced a new club this year. K-Kids, a division of Kiwanis International is an international, student-led organization providing members with opportunities to perform service, build character, and develop leadership.

The club is advised by 3rd grade teacher Laura Simpson and this year's PES Senior Volunteer of the Year, Mary Warren.

"Our guidance counselor, Tiffany Ellis, has joined me as a sponsor along with our cafeteria manager, Savita Singh," says Ms. Simpson. "Mrs. Warren, and I met over the summer and planned out our year of events. Also involved with the planning were Mrs. Goodrich and Mrs. Ellis. Mrs. Singh attends all of our meetings to help with the students."

There are currently 23 5th graders in the club and some 4th graders will be added after the winter break. "All of the students were nominated for membership by their 4th grade teachers," says Ms. Simpson. "K-Kids members are students that are strong in academics and also maintain great behavior and character traits."

Over the course of this school year, the PES K-Kids club has built a relationship with the BayView Nursing Home, a not-for-profit healthcare provider offering quality healthcare services and charitable assistance to the needy citizens of St. Johns county and surrounding communities.

In October, the K-Kids members visited BayView in Halloween costumes for a bit of trick-or-treating fun. On Friday, December 6th, the K-Kids, as well as students from Ms. Simpson's class returned to BayView, to deliver the blankets and toiletries donated by PES families. Ms. Simpson and the K-Kids collected about 130 blankets and around



Palencia Elementary students Laykin Kansteiner, Evelyn McAvoy, and Mya Kellerman visit residents of BayView.

350 bottles of shampoo, conditioner, body wash, and lotion. Prior to Thanksgiving, Ms. Simpson sent each PES student home with a letter asking for donations, and as usual, the PES families came though and gave generously.

After presenting blankets and other gifts to the BayView residents, Ms. Simpson and the children led the group in a Christmas carol sing-along. After the singing, the kids got a chance to mingle and spread some holiday cheer among the delighted senior citizens.

"Many residents gave handshakes and hugs afterward for the time and effort these kids invested. The social connection and purpose for these activities is priceless," said Kristin Baker, whose son Derek is a K-Kids member.

The PES chapter of K-Kids has engaged in a variety of activities, including planting organic herbs and vegetables in a garden on the school's campus, making cards sending well-wishes to a child battling cancer, collecting money on Halloween for UNICEF, and making cards and packages for Project Christmas Child. The last of these was the favorite of K-Kids member Colin O'Brien.

"You buy things for needy children who might otherwise not get a Christmas present," O'Brien said. "It feels good to help in some small way. Since they are small gifts, everything goes in a

Continued On Page 9



Gary Feldman

Oil Warning Light Comes On

Typically this light will come on if your oil pressure is too low. Low oil pressure is serious and if you continue to drive with this light on, eventually your engine will die. Low oil pressure can be caused by a failed oil pump, a faulty pressure switch, a blocked oil filter or strainer in the sump, or by low oil levels. Your engine may be burning oil. Either way, you need to get it fixed, and fast.

At Feldman Auto Repair we have been keeping the roads safe for over 30 years. Visit us at 3816 N. U.S.1 There is no job too small or big, we offer free pick-up and delivery for all Palencia residents.

FELDMAN AUTO REPAIR CALL 217-0865

K-Kids Bring Community Service Continued From Page 8

shoebox.”

Future K-Kids projects in the works include a beach clean-up in the Spring, and taking part in the February’s annual Kiwanis Club Character Breakfast, which brings together K-Kids members along with their counterparts from Builders club (middle school), and Key Club (high school) for a fun-filled event with great food, a DJ, and photo booth. Kids dress up in the costumes of their favorite characters. The event is open to the community and sponsors help to cover the admission costs for kids who might otherwise be unable to attend. Additionally, the K-Kids members will be taking a more active role in presenting the inspirational and motivational “Words of Wisdom” during the PES morning announcements.

Palencia parents have been as enthusiastic about the club as their children.

“What I love about K-Kids is how it focuses on community service and kindness,” says Palencia PTO co-President Patricia Hare, whose daughter, Devon, is a club member. “It provides kids with opportunities to embrace the spirit of volunteering while growing their empathy.” Kristin Baker agrees. “The K-Kids Club is an amazing opportunity for not only my 5th grader, Derek, but our entire family,” said Kristin Baker. Baker also said the group’s work at the Bay-View Center “truly benefited the young and old. For Derek to realize the joy he brought to the residents by being there in his Halloween costume and allowing them to give him a candy treat was both heartwarming and character building.”

K-Kids advisor Mary Warren became involved with K-Kids years ago when she took the job as school counselor at Ketterlinus elementary. She was told that one of her responsibilities would be to act as faculty sponsor for K-Kids. Although this was her first exposure to the club, and to Kiwanis as a whole, she fell in love with the organization immediately.

“It’s so great to see kids get involved in community service and really



PES 5th grader Colin O'Brien helps spread holiday cheer among the senior citizens.

take on leadership roles,” said Ms. Warren. When she retired from her full-time job, Ms. Warren knew she wanted to continue working with K-Kids in this capacity and prior to joining the PES community, she helped kick off K-Kids at Crookshank Elementary.

Fifth grader Sophia Rebella is enjoying her participation in the club, especially the service focus. “I like feeling more connected to the community through service projects, while at the same time having a ton of fun.” She plans on continuing to help serve her community even after graduating from PES.



PES cafeteria manager Savita Singh, school guidance counselor Tiffany Ellis, teacher Laura Simpson, and Mrs. Simpson’s husband.

Water Problems? Ask Polly!



Polly Swindull

Polly, My neighbor has had an ultraviolet light installed with their water softener system. What is the purpose of this?

The ultraviolet system is a “final barrier” application to your water in the home. Even with the process of municipalities chlorinating the water, we are seeing across the country, bacteria finding its way into our homes and drinking water! The UV system kills 99.99% of water borne bacteria, protecting you from main line breaks, aging infrastructure and bacteria contamination.

EAST COAST WELLS & WATER TREATMENT CALL 824-6630

HAPPY NEW YEAR

FROM THE CATALANO FAMILY

Celebrating Our 16th New Year in Palencia!

SALE PENDING - BARTRAM PARK PRESERVE
7066 ROSABELLA CIRCLE | 4 BR | 3 BA | 2,202 SF | \$326,990

A FEW OF MY RECENT TRANSACTIONS!

<p>PALENCIA</p> <p>BROUGHT BUYER</p> <p>155 LA MESA DRIVE 4 BR 4.5 BA 4,075 SF \$653,500</p>	<p>PALENCIA</p> <p>SOLD</p> <p>339 SOPHIA TERRACE 5 BR 4.5 BA 3,475 SF \$674,000</p>	<p>SHEARWATER</p> <p>SOLD</p> <p>85 HOWELL COURT 3 BR 2 BA 2,139 SF \$319,900</p>
---	---	--

Top Sales November 2019

FRED CATALANO

BROKER ASSOCIATE - REALTOR

904.315.3785
Catalano.Frederick@gmail.com
www.FirstCoastRealtyPro.com

Call or text!

163 PALENCIA VILLAGE DRIVE, SUITE 110
(located in Starbucks shopping center)

Palencia Resident Owned

Golf Carts of St. Augustine

We Service All Makes & Models

- Pick Up & Delivery
- Trades Welcome
- Financing Available

- Authorized Star Cart Dealer
- Authorized EZGO Parts & Refurbished Custom Cart Dealer

Free

SERVICE CALL
For Palencia Residents

Custom Build Specials Available

**We Build To
Your Specifications**

Special Discounts For Palencia Residents!

2-in-1 Combos

904.810.1006 35 Years of Experience

See Our Showroom at 5960 U.S. 1 North, St. Augustine • Located 2 Miles South of Palencia

SELLING *Palencia* AND SURROUNDING AREAS



BROKER ASSOCIATE
KAREN PALMER
904.707.2738



REALTOR
CRICKETT HUFF
904.728.3333



**NOVEMBER
TOP SALES**

BROKER ASSOCIATE
FRED CATALANO
904.315.3785



BROKER ASSOCIATE
MICHELLE SANTORELLI
904.315.0010



REALTOR
DANA BRADT
904.392.3279



REALTOR
JULIAN CHALFANT
904.377.0551



REALTOR
MARNY MIDKIFF
770.364.3406



**NOVEMBER
TOP PRODUCER**

REALTOR
FRANK NELSON
904.567.6717



REALTOR
LAILA IAROSS
904.687.9080



BROKER ASSOCIATE
CINDY ZIMMERMAN
904.806.0863



PROP. MANAGEMENT - REALTOR
DAVE EATON
904.671.3062



REALTOR
MAUREEN NIGHTINGALE
503.686.1426



REALTOR
NANCY DANIELS
904.599.4233



REALTOR
JOHN KABLIK
904.460.5471



REALTOR
CHRISTINA BALESH
904.315.4936



REALTOR
DICK MANSKER
904.599.2174



REALTOR
KRIS STOKES
904.990.4739



REALTOR
MELISSA M^CCALL OWEN
904.377.3960



IS THIS THE YEAR FOR A MOVE?

FROM LUXURY HOMES TO COMFORTABLE CONDOS - WE SELL IT ALL!

Home Sales
& Property Management
163 Palencia Village Dr., Suite 110
904.222.8932



GLOBAL
LUXURY

PREMIER PROPERTIES
ColdwellBankerPremierProperties.com

*Put our experience to
work for you!*

Luxury Home Sales & More
600 Market Street 904.601.5000

HOME OF THE PALENCIA CERTIFIED AGENTS



GLOBAL LUXURY



PREMIER PROPERTIES REALTOR

CRICKETT HUFF

TOP PRODUCER

Global Luxury Certified Agent



904.728.3333
crichuff@gmail.com
CrickettHuff.com
Global Luxury Office
600 Market Street



Stunning Upscale Villa
153 AUGUSTINE ISLAND WAY
Offered at \$518,900
PRICE IMPROVEMENT



Maintenance Free Villa in Palencia
120 AUGUSTINE ISLAND WAY
Offered at \$534,900



Village Home in the Heart of Palencia
159 S. END STREET
Offered at 349,000



Global Luxury with Stunning Upgrades
755 PROMENADE POINTE
Offered at \$789,900

RECENTLY SOLD LUXURY HOME 147 CALLE NORTE \$615,000

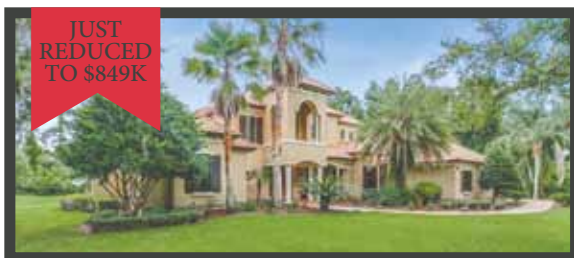
FOR SALE PREMIUM MARSH LOT 79 SAN CRISTOBAL CT \$229,000 PREMIUM MARSH LOT 97 SAN CRISTOBAL CT \$249,000
WATERFRONT LOT 759 PROMENADE POINTE \$145,900 BEAUTIFUL CONDO 415 LA TRAVESIA FLORA #104 \$178,000

Each office is independently owned and operated.

SELLING DREAM HOMES IN EVERY PRICE POINT!

CONDOS • VILLAS • SINGLE FAMILY

TOP PRODUCER
NOVEMBER



1481 N LOOP PARKWAY - LUXURY POOL HOME
5 BR 4.5 BA 4,542 SF MLS 975383

REALTOR
FRANK NELSON

904.567.6717

FrankNelsonHomeSales@gmail.com
www.FrankSellsFloridaHomes.com

SERVING SATISFIED CUSTOMERS SINCE 2005



GLOBAL LUXURY

PREMIER PROPERTIES

600 MARKET STREET

TOP PRODUCER
NOVEMBER

Each office is independently owned and operated.

Your Neighbor and Real Estate Sales Expert



"Marny was recently awarded the **GUILD DESIGNATION**. The highest designation from the Institute for Luxury Home Marketing. Marny achieved this by selling the required amount of million dollar luxury properties."

Put her experience to work for you!



GLOBAL LUXURY

PREMIER PROPERTIES

REALTOR

MARNY MIDKIFF

770.364.3406

Marny.midkiff@coldwellbanker.com
www.marny.midkiff@coldwellbanker.com
Global Luxury Office 600 Market Street

Each office is independently owned and operated.

WATER SOFTENERS BY
East Coast Wells & Pumps

- Wells
- Pumps
- Softeners
- Filtration
- Chlorine & Hardness Removal
- Bacteria Removal

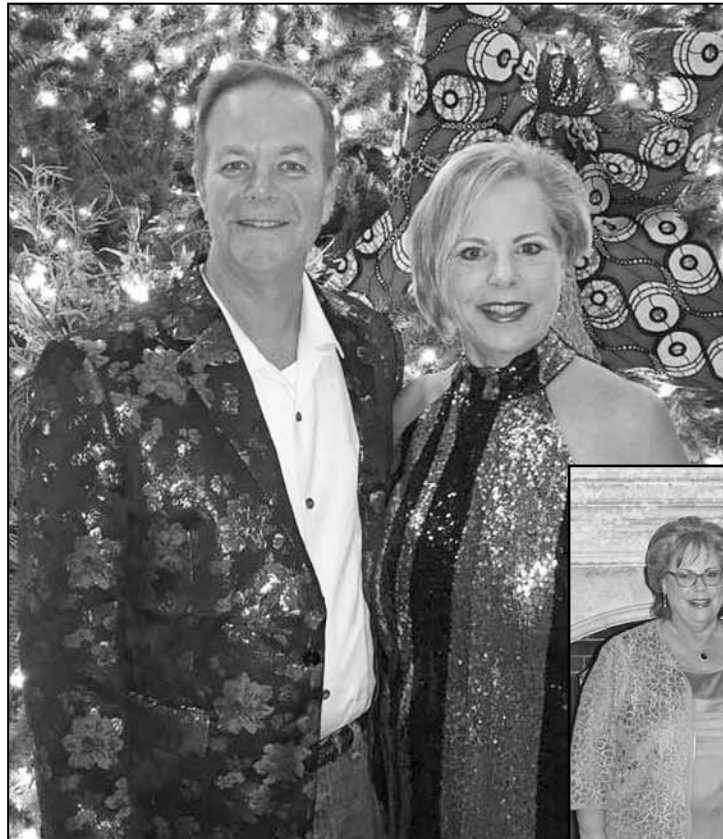
David & Polly - Lifetime Residents

PROTECT YOUR HOME AND FAMILY TODAY!

824-6630
 www.EastCoastWells.com
 Florida License #7232

*** Mention This Ad And Receive FREE Salt For One Year With New Installation**

Palencia Couple Loses 125 lbs For New Year



Left, The Crooks, Todd and Tena, taken at the end of November, 2019.



Inset, The Crooks one year ago on December 31, 2018.

Palencia residents, Todd and Tena Crooks have a lot to be thankful for this year. The Crooks moved to the Costa Del Sol neighborhood of Palencia more than a year ago and have taken advantage of all Palencia has to offer.

"I got to thinking today about how thankful I am for the lifestyle changes my husband Todd and I made in 2019 that resulted in my losing 85 pounds and Todd losing nearly 40 pounds," Tena said. "We lost weight the old fashioned way – no medical intervention or supervision. We did it all on our own by changing our eating habits and increasing our activity level. The 'before' picture was taken at the New Years Eve party held at the Palencia Club on December 31 last year."

Tena admits she went from not being able to walk one mile without taking rest breaks to now power walking three miles, biking six miles and swimming 1,000 yards or doing a second three mile walk just about every day.

"There's no mystery to how we did it – no fads, no pills, no special diet plans," said Tena. "It's the simple equation of putting less energy in (calories) than you expend (physical activity). The key was to get rid of the excuses and just do it!"

Fostering Connections St. Johns Upcoming Fundraiser, Tippy Tea Party

Fostering Connections St. Johns, a local nonprofit that supports local children in foster care invites Palencia residents to a Tippy Tea Party, February 29th at Fantasy Farms, 194 South Roscoe Blvd., in Ponte Vedra Beach.

The whimsical cocktail party will begin with a cocktail hour and heavy hors d'oeuvres. Local restaurants and mixologists will have their best handcrafted whimsical desserts and cocktails for guests to sample and vote for their favorites.

Guests will also be treated to live entertainment, lawn games, a silent auction and exploring the beautiful rescue animals and classic cars at Fantasy Farms.

Proceeds from Tippy Tea will benefit a leadership and scholarship program for local teens aging out of foster care. Awards will be given for the Best Signature Dessert, Best Signature Cocktail, and Best Dessert and Cocktail Pair. For more information, visit www.fosteringconnectionsstjohns.org or call 904-813-5809.



Fostering Connections St. Johns

mikosalon
 581 Market Street • Palencia
 904-576-9695

"LOVE YOUR SELFIE"

ASK ABOUT OUR LUXURY SALON SERVICES.

GOLDWELL.

JORGE'S HANDYMAN SERVICE, INC.

TRIM & FINE FINISH CARPENTRY

Custom Interior Woodwork
 Cabinets * Closets * Shelves * Doors
REMODELING AND RESTORATION

Free Estimates (904) 315-8550
www.jorgeshandyman-service.com
 Palencia References Available

Lic. # ST-7256

What You Don't Know About Florida Law Can Hurt You And Your Loved Ones

A free workshop on planning to take care of your loved ones, as well as yourself will be held in Palencia. The materials covered will specifically focus on Florida law, and will be especially useful to new Florida residents, but natives and everyone in between will learn from this session as well.

The workshop will be hands-on, and will be specifically aimed at using common every day language to talk about the ways that you can take care of your children, grandchildren and other people you love, especially yourself.

The event is hosted by Kathy Runyan of Better Homes & Gardens Realty and by Rock Solid Law. One of the featured speakers will be attorney John Miller, who is also the Special Magistrate of Neptune Beach, Florida.

Among the many things covered will be straight talk describing the various estate planning documents 95 percent of Americans need. Also, the seminar will cover how you can protect your loved ones from creditors and predators, so that everything that you have worked so hard for won't end up in the wrong hands. Numerous strategies will be reviewed that can put you in a place right away that will protect your wealth and reduce your tax liability throughout your lifetime and beyond.

"We will also discuss measures that



Seminar is hosted by Kathy Runyan of Better Homes & Gardens Realty. Featured speaker is attorney John Miller.

you can take to protect a loved one with special needs, even after you are gone," said John Miller. "Plus, we will discuss some of what is different from other states under Florida law."

The workshop will take place at the Palencia Amenity Center on January 7th at 6:30 p.m. Seating is limited. Contact Chelle Thomas at (904) 241-1113 or chelle@rocksolidlaw.com to reserve your space. Only by attending can you receive a complimentary discovery meeting which usually has a \$350 value.

Transworld Business Advisors Commemorates 40 Years Of Service

Right, Transworld Business Advisors team members Bianca Evans, Senior Business Broker; Treve Kinsey, Vice President of Sales and a Palencia resident; Andy Cagnetta, CEO and his wife, Allison Cagnetta.

Transworld Business Advisors, the world's leading business brokerage franchise, is celebrating its 40th year of service to the domestic and global business community.

Palencia resident Treve Kinsey, Vice President of Sales, along with the Florida team, recently acclaimed the outstanding performance of statewide staff with events and honors in each Florida market. During recent activities, Transworld's forward-thinking business professionals were congratulated for consistent and year after year steadfast methodology.

Transworld Business Advisors specializes in the sale of businesses and helps clients in buying and selling their companies with an award-winning sales force of more than 80 professionals located throughout Florida. Visit www.tworld.com.



The UPS Store

We're Open!

We do more than shipping®.

- Printing services
- Brochures, flyers, business cards, presentations, postcards, calendars, invitations, etc.
- Document finishing
- Binding, laminating, collating, folding
- Passport/ID photos
- Fax services
- Moving supplies & packaging materials

120 Palencia Village Drive
Unit C105
St. Augustine, FL 32095
(904) 829-0116
store7067@theupsstore.com

\$1 OFF SHIPPING
when you ship 1 package

\$2 OFF SHIPPING
when you ship 2 packages

UPS® SHIPPING

BERKSHIRE HATHAWAY HomeServices Florida Network Realty

List With Lisa in Palencia!



NEW LISTING!
Lake and preserve front home in Cascades Village. 3 Bed, 2 Bath home has hardwood floors, sun-room and lots of upgrades. 636 N. Legacy Trail. MLS #1025189. \$408,000.



SOLD!
281 Deerfield Meadows Circle, St. Augustine. 3 Bedroom, 2 Bath, new construction. Deerfield Meadows is close to great shopping and the wonderful activities that this historic city has to offer!



WGV Top Producer
March 2019
WGV Top Producer
August 2019
WGV Top Listing Agent
August 2019

Lisa Nicholson, REALTOR®

Cell: 904-547-1847
Office: 904-802-0690
Lisa.Nicholson@FloridaNetworkRealty.com
www.LisaListsPalencia.com

A member of the franchise system of BHH Affiliates, LLC. Equal Housing Opportunity.

We Accept All Major Insurances



PERSONALIZE YOUR MEDICINE, WELLNESS, AND BEAUTY

Personalized Health, Beauty, and Veterinarian Solutions using state-of-the-art compounding technology

\$
5
off

\$5 OFF CBD and Supplements
(with \$50 minimum purchase)







FREE DELIVERY
on Tuesday and Thursday to Palencia residents with both **COMPOUNDING** and commercial medications.

Just 4 miles North on U.S. 1

Call (904) 600-4099

145 Hilden Road, Ste 102, Just 4 Miles North of Palencia on U.S. Hwy 1

www.bluebirdpharmacy.com



Did You Know That Live Oak Planted By The Street Is Yours?

Palencia Street Trees Need TLC

By Heather Fritz, Palencia Resident
 Monster Tree Service
 904-719-8499

As a proud, seventeen year Palencia homeowner and business owner of Monster Tree Service of Northeast Florida, I attended the Palencia Property Owners Association (POA) meeting with interest in the proposed neighborhood, "Tree Trimming" project. The POA recognizes that Palencia has a problem with overgrown and potentially hazardous Live Oak trees that line our streets. Unbeknownst to many homeowners, the Live Oak, planted by the developer, in the easement between the sidewalk and the curb in front of your home, is in fact the responsibility of the homeowner. The Live Oak trees planted on community property are the responsibility of the Marshall Creek CDD. At the November 21, 2019 POA meeting, the Board voted down a proposal to allocate funding for a professional tree care company to raise the canopy of the Live Oaks over the street and sidewalk.

Trees Increase Property Value

Numerous studies prove that properties with mature trees and beautiful landscaping attract buyers and demand premium prices. The U.S. Forest Service also found that healthy, mature trees add an average of 10 percent to a property's value.

Tree Maintenance is Key

Structural pruning to guide and manage tree architecture should be the primary goal each time a tree is pruned. Per the University of Florida Institute of Food and Agriculture Sciences, trees should be pruned regularly during the first several years of their lives, so their limbs and canopies mature in a balanced manner. Proper maintenance will help steer the trees toward health and prevent growth patterns that lead to failure. The canopies of mature Live Oaks should be promoted to develop into a natural, spreading, shade canopy. A natural, spreading shade canopy includes a rounded, spreading crown shape with a symmetrical canopy, having a regular (smooth) outline with sufficient clearance beneath the canopy to promote a strong trunk, a single, strong leader, a modestly-open, wind-resistant foliage arrangement and the development of a long-lived habit.

When street trees grow without proper upkeep or standards, the trees can become a nuisance and worse, a hazard. I understand that the St. Johns County School

District complained to the neighborhood about buses hitting tree limbs on Palencia roads, particularly on La Mesa. Pedestrians are ducking under overgrown limbs on several sidewalks and at some street corners, tree limbs are growing dangerously close to traffic signs or covering sidewalk lamp posts.

Aesthetically, look around and you'll see that some street trees are pruned on just one side; others, the branches are entangled with an adjacent tree; and some trees have been completely ignored for years yielding to poor tree architecture; giving Palencia a hodgepodge look and feel. The non-uniform presentation in the neighborhood diminishes the trees added value.

Trimming a Mature Tree isn't a DIY

As a business owner in the tree care industry, I'm aware of the risks. The Tree Care Industry Association says many homeowners are severely injured or killed each year while trying to cut down a tree or large tree limbs. Depending on the size of your Live Oak, it may not be your average DIY job- extension ladder, chain saw, heavy limbs, squirrel.... A tree removal gone wrong can be very dangerous and isn't worth endangering lives.

In the near future, the POA Property Manager will be assessing about 850 Live Oaks planted in the easement in front of Palencia homes to determine whether trees are in compliance with Palencia standards. Homeowners who are not in compliance will be contacted and required to raise the canopy of the Live Oak by a specific deadline or be fined.

Palencia Resident Rate

To assist my fellow Palencia residents, Monster Tree Service is offering special pricing and scheduling for any trees identified as non-compliant. Our Service will raise the canopy, in a uniform manner, to the required 12 feet clearance over the street and sidewalk and include debris removal. If you're interested in scheduling this service, please contact my office at 904-719-8499 or neflorida@whymonster.com. Should you decide to prune the trees yourself, I urge you to proceed very carefully.

Sources: U.S. Forest Service, University of Florida- Institute of Food and Agriculture Sciences, Tree Care Industry Association.

Your Neighborhood Insurance Agency



"Insuring Tomorrow...Today"

- 16 Years in Insurance (Home, Auto, Flood and Commercial Insurance)
- Agency located in Palencia Market Street (Village Square)
- Trusted Choice Independent Agency representing over 20 National competitors including AM BEST Carriers



Scott & Kristin
 Gilliland

Walk-Ins Are Welcomed


904.824.9877

701 Market Street
 Unit 113
 St. Augustine, FL 32095
 FX: 904.824.8022

www.gillilandinsurance.com



The Trusted Choice®



Cielo Stone & Tile, Inc.

Stone, Tile, Mosaics and Flooring

904-987-1981

Why fly to New York for the best selection? We have it right here at home!

6370 U.S. Hwy 1, Bldg #9, St. Augustine, FL 32095 (2 Miles North of the Airport, 1 Mile South of Palencia)




WE'RE IN YOUR NEIGHBORHOOD

The Monster Advantage

- Professional Arborists
- Licensed & Insured
- No Job Too Small or Too Monstrous
- Clean. Efficient. Respectful.
- Prompt Service
- Locally Owned & Operated

904-719-8499





www.WhyMonster.com/Northeast-Florida

New Customers Get 10% Off

On tree services of \$1,000 or more

Market Street Shops

Come Visit Us! We're Right in The Neighborhood!



Above, Wishing you a Merry Christmas and an amazing New Year! Left to right, Jeff Stieglitz, Kathleen Boyd, Suzanne Lamb, and Graeme W. Lamb of Lamb Financial Advisors, 701 Market St. #107A.

Right, Hoping your holiday season is full of love, laughter, eggnog and cookies! Left to right, Ashley Yurkowsky of O Coffee+Wine at 701 Market St., and Cathy Wilson from NasCarts.

Palencia Holiday Event On Market Street

Market Street businesses opened their doors to holiday crowds during the Palencia Christmas tree lighting festival in December which included friendship, food, fun and spirits. Food trucks served unique culinary creations while Market Street merchants supplied a smorgasbord of delicious cookies for everyone. Holidays are so much more special when they are celebrated with friends and neighbors. Market Street regularly holds community events that bring families closer.



Retire on your terms.

Since 1894, Ameriprise Financial has worked for our clients' futures, helping to redefine what retirement can be. At Ameriprise, we're dedicated to an enduring, one-on-one approach that enables clients to achieve their true potential. When you take the right approach, life can be brilliant.



Graeme W. Lamb, CFP®, ChFC®, CDFA®
Financial Advisor

Lamb Financial Advisors
A financial advisory practice of Ameriprise Financial Services, Inc.

904.531.4880

701 Market St Ste. 107a
St. Augustine, FL 32095
graeme.w.lamb@ampf.com
ameripriseadvisors.com/
team/lamb-financial-advisors/



Certified Financial Planner Board of Standards Inc. owns the certification marks CFP®, CERTIFIED FINANCIAL PLANNER™ and CFP (with flame design) in the U.S. Ameriprise Financial Services, Inc. Member FINRA and SIPC. © 2019 Ameriprise Financial, Inc. All rights reserved. (08/19)

- Sales
- Service
- Accessories

CUSTOM BUILT GOLF CARTS

Jacksonville Country Club

Complete Service

Battery Replacement

Rims & Tires

Upholstered Seats

Street Legal

Lifted Custom Carts

(904) 429-7861

www.nascarts.com

NASCARTS
Free Service
Pick-Up Coupon
Expires 1-31-20

Eyebrows and Eyeliner all year long!

Call Terri at 917.584.8863

www.nouveaupc.com

Permanent Makeup

611 Market Street in Palencia terri_permanentmakeup

Strength - Posture - Longevity

INLINE

PILATES + FITNESS

Pilates, Post-Rehab, Sport Specific, & Pre + Post Natal Exercise

Privates - Duets - Equipment Classes
All Ages + Skill Levels

(321) 754-6172 • www.inlinepilatesfitness.com

701 Market Street, Suite 108A, St. Augustine, FL 32095

Life Jacket Loaner Program Saves Lives

The U.S. Coast Guard Auxiliary is collecting USCG approved life jackets to provide at the various boat ramps in the county.

Bill Candeletti, Palencia resident and member of the USCG Auxiliary, reminds readers "The life jacket loaner program provides the public with free use of life jackets on a first-come, first served basis. Research shows that most drownings could have been prevented if a life jacket had been worn by the victim. The goals for this program are to increase life jacket wear during water-based activities as well as to educate the visiting public on the importance of proper use and fit."

The Coast Guard Auxiliary will also be offering vessel safety "courtesy checks" starting this month. "There are no penalties for non-compliant vessels and the USCG Auxiliary does not impose any fine or penalties," added Candeletti.



Nease SOUPer Bowl Is January 30th

By Caroline Hunt, Palencia Resident, Nease High School

Nease High School is once again hosting the SOUPer Bowl on Thursday, January 30th from 6:00 p.m. to 8:00 p.m. Tickets are \$25 and each guest has the opportunity to choose a ceramic bowl that was hand-crafted by a student as well as the ability to taste all of the delicious soups prepared by over twenty renowned chefs from local restaurants.

Restaurants in attendance this year are Palm Valley Outdoors, Ice Plant, Congaree and Penn, Trelor Park, and so many more. The SOUPer Bowl is planned and hosted by student volunteers all with the common goal to raise awareness of the student hunger problem

facing St. Johns County. Students are partnering with Hugs Across the County, a non-profit organization that works to identify students' needs and provide them assistance in any way possible.

The SOUPer Bowl began in 2015 as a way to address student hunger. More than 9,000 students rely on free and reduced lunches that their school provides, and many often go hungry during the weekend or a long break because they have no guaranteed source of nutrition. Even if you cannot attend, you can visit <https://www.studentstacklehungre.org> to purchase a ticket to the event as a way to show your support.



Howard Epstein, M.D.
FACS, Board Certified



ADVANCED UROLOGY
— INSTITUTE —



Bill Vanasupa, D.O.
Board Certified

CONDITIONS WE TREAT

- BPH
- Erectile Dysfunction
- Bladder Cancer
- Kidney Cancer
- Kidney Stones
- Overactive Bladder
- Prostate Cancer
- Urinary Incontinence
- Vasectomy
- Space Oar



Katherine Gardner
NP-C



Jonathan Baron
PA-C

NOW SERVING NORTH ST. JOHNS COUNTY

TWO LOCATIONS TO SERVE YOU

(904) 824-1450

WORLD GOLF VILLAGE OFFICE
52 TUSCAN WAY, SUITE 203
THE SHOPPES AT MURABELLA

ST. AUGUSTINE OFFICE
240 SOUTH PARK CIRCLE EAST
ST. AUGUSTINE, FL 32086

Lou Sobh's Honda OF THE AVENUES

GIANT Service

Savings for all of Palencia from Jacksonville's Award Winning Honda Dealer!

HONDA

#1 Jacksonville's Honda Dealer

No. 1 Nine Years
New retail Honda sales 2008-2016 from American Honda Motor Co., Inc.

The Honda Giant!

Lube, Oil & Filter Change!

\$39.95

PLUS TAX & SHOP FEES

Replace up to 5 quarts of Full Synthetic Oil and install new oil filter

Expires 2/5/20. Valid at Honda of the Avenues only.

FREE! Multi-Point Inspection

Includes Alignment Check!

No purchase necessary. Expires 2/5/20. Valid at Honda of the Avenues only.

Maintenance Package Show Your Vehicle Some Love

\$169.95*

Package Includes:
• Oil and Filter Change • Rotate and Balance Tires • Full Inspection (Brakes, Battery, Fluids) • Engine Air Filter • Four Wheel Alignment • Wiper inserts

*Plus tax, supplies & environmental fees. Up to 5 quarts oil. Some models may be higher. Expires 2/5/20. Valid at Honda of the Avenues only.

Front Or Rear Brake Special!

\$99.95

PLUS TAX & SHOP FEES

• Replace front or rear brake pads* • inspect discs, calipers, brake lines, hoses and master cylinder

*Disc resurfacing or replacement, caliper repair or replacement and master cylinder replacement extra if needed. Expires 2/5/20. Valid at Honda of the Avenues only.

SERVICE OPEN 7 DAYS A WEEK! Mon— Fri 7–7, Sat 7–5, Sun 10–5

11333 PHILIPS HWY (904)-370-1300 Schedule Service online at hondaoftheavenues.com



Is Your Dog Afraid Of Things That Go BOOM?

By Dr. Jacob Vencil, Veterinarian
Palencia Pet Clinic
904-824-1622

Does your dog become a quivering ball of fur hiding under your bed at the sound of fireworks? Do you dread New Year's Eve because your dog will try to chew and claw his way through the wall to escape? You're not alone.

Many dogs have what's called noise aversion, a sensitivity to loud noises that results in signs of anxiety and fear.

Typical signs of anxiety and fear related to noise aversion in dogs are:

Panting; trembling or shaking; pacing or acting restlessly; seeking out people; cowering or hiding; barking, whining, or howling; trying to escape, running around, or bolting; destructive behavior, such as damaging furniture; freezing in place behavior (being too scared to move); refusing to eat food or treats; vomiting or excessive drooling; and urinating and defecating inappropriately, even though the dog is normally well house-trained.

Only one drug is FDA-approved to treat noise aversion in dogs—Sileo (dexmedetomidine oromucosal gel). Sileo has been shown to lessen the signs of anxiety and fear caused by loud noises such as fireworks, traffic or street noise and gun shots. However, Sileo has not been evaluated for noise aversion caused by thunderstorms.



Sileo is a gel that you place in your dog's mouth between the cheek and gum so that it can be absorbed into the bloodstream. Your veterinarian or trained veterinary staff will show you how to apply the gel.

You should give the first dose of Sileo to your dog at one of three times:

About 30 to 60 minutes before the anticipated noise event; When you detect a noise that typically triggers your dog's anxiety and fear, such as fireworks; or Immediately after your dog shows the first signs of anxiety and fear related to noise aversion.

Sileo has been shown to be safe and effective in dogs when used according to the directions on the label. It is designed specifically NOT to sedate your pet, and instead works by blocking the transmission of chemicals

from sound receptors to anxiety receptors of the brain.

Sometimes, other medication may need to be used "off-label" to treat noise anxiety. This may be necessary if your dog has severe noise anxiety, or if their anxiety is multifactorial, involving more than just auditory stimulation. If your dog needs medication to treat noise aversion, talk to your veterinarian about which medication is best for your dog.

Grief Share Group Meets January 16th

The Village Church, 4229 Pacetti Road will begin a new session of GriefShare on January 16th. This program is open to the public and is a faith based solution helping people who are suffering from grief. It will be held On Thursdays from 5-7 p.m. If you have questions, please call Cheryl Hosking at 904-599-9715.



ILO LLC
INTERIOR & EXTERIOR
PAINTING AND HANDYMAN SERVICES
Free Estimates • Great Prices
904-347-8288

License No. 9097 Licensed & Insured

Good To Be Home Cleaning Service

Residential weekly, moving in-out, or one time cleanings. Excellent references. 6 years of experience.

904-347-7990





• Call 904.826.4343 To Schedule An Appointment
• Develop Your Personalized Dental Plan
• Achieve The Beautiful Smile You Deserve!



- Dental Implants
- Porcelain Crowns & Veneers
- Gum Therapy
- Dentures
- We Also Offer Botox And Fillers

Cosmetic, TMJ, and General Dentistry

Stephanie Kinsey, DDS
Palencia Resident

Next to Starbucks
159 Palencia Village Drive, Suite 109
info@palenciadental.com





Dr. Jacob Vencil, Dr. Peter Veling and Dr. Deven King are experienced veterinarians who have a passion for your pet's health, including senior pet care.

- Wellness Care
- Digital X-rays
- Pet Dentistry
- Advanced Anesthetic Monitoring
- Pre and Post Surgery Pain Control

- Laser Orthopedic Surgery
- Laser Soft Tissue Surgery
- PennHip X-rays
- Neutering
- Humane Laser Declawing
- Pain Control Therapy for Long Term Pain Management

Monday thru Thursday 8:00 a.m. to 6:00 p.m.
Friday 8:00 a.m. to 5:30 p.m.
Saturday 8:00 a.m. to Noon

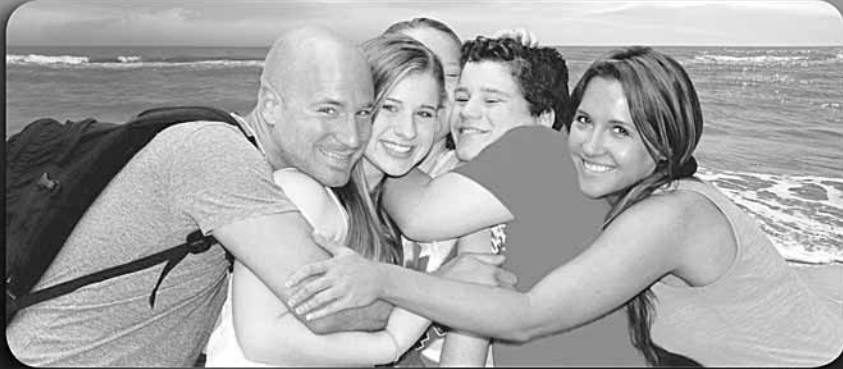
159 Palencia Village Drive, Suite 101, St. Augustine
904-824-1622
Email: palenciapetvet@gmail.com



Now Open Saturdays!

\$0 Cleanings!

For insured patients. Call for details.



ALEXANDER DENTAL

46 Tuscan Way, Suite 306 • St. Augustine
904-940-5757



Easy Online Scheduling!
AlexanderDental.com or text
ALEXANDER to 313131



Appointments 7am-7pm!

Christmas Spirit Comes Alive In Palencia

Continued From Page 1



Left, Wishing you a very Merry Christmas was Jill Stonier, Professional Make-Up Artist at 591 Market Street and Carolyn Miko, owner of Miko Salon, 581 Market Street.



Above, Asking Santa for a stocking stuffed full of joy this year.



Left, Santa stole the show at the Palencia Tree Lighting as families waited in line to give the jolly old elf their Christmas list.



Right, The warmth and joy of Christmas brings us closer to each other, and these youngsters were no exception.

Water Problems?



The Affordable Water team.

**CALL TODAY FOR
STRAIGHT ANSWERS,
NO HIGH PRESSURE!**

- Residential • Commercial
- Industrial

"We carry a complete line of Water Treatment Systems to meet your needs and your budget!"

**Family Owned & Operated
For Over 25 Years**

• REMOVE •

Ask Us About Salt Delivery
Or Rental Systems!

IRON • BACTERIA • SULPHUR • SALTS
COLOR • LEAD • HARDNESS AND ODOR

AFFORDABLE WATER

CONDITIONING • SOFTENING • PURIFICATION

License #W-32

FREE WATER TESTING
3760 Kori Rd • 904-262-0197

"Our family serving yours since 1915"



CRAIG

FUNERAL HOME • CREMATORY • MEMORIAL PARK

(904) 824-1672

www.CraigFuneralHome.com



Cleaning The House & The Soul In 2020

By Rev. Alan J. Liphart, M.Div.
The Village Church
4229 Pacetti Rd., World Golf Village

On the first Sunday of any new year, it's pretty common for people to have ideas about what they'll do differently in the coming 12 months. No doubt it's no different as we stare at this new decade of the 2020's. This seems a perfect time to vision our hopes for the future. Let us move forward with 2020 vision.

Typically, we resolve to exercise more, pray harder and eat less. But given the mess the house is in after the Christmas festivities, we may also decide to clean house. After all, taking down all those decorations can expose some dirt in places we don't normally see until the relatives are gone and the kids' toys have run out of battery life.

When we see all that accumulated dirt and grime on the baseboards or notice that the kitchen countertops have a lingering odor of Thanksgiving turkey still clinging to them, it's tempting to want to run to the store and grab the latest cleaning product on the market. The truth is, however, that there are probably more effective and certainly more environmentally conscious and health-friendly cleaning solutions already in your pantry. Grandma may have headed back to the Gulf Coast for the winter, but her hard-won wisdom lives on when it comes to cleaning naturally and on the cheap.

Does your bathtub look dull and water-spotted after repeated lengthy baths by your visiting relatives? Juice up a couple of the grapefruits you got in that fruit basket from your boss, add four tablespoons of salt and give it a good rubdown. The tub will look like new and smell like Florida!

When we look at the scriptures, particularly Mark 1:4-11, we read that John actually has a few tips that will be helpful to us if we want to do some soul cleaning of our own at the beginning of the year.

As we begin a new year, we might ask ourselves, "Of what in my past do I need to repent in order to allow God to do a new thing in me? Of what do I need to be forgiven? Whom do I need to forgive in order to begin moving toward a different future?" John reminds us that it is the natural ingredients of Scripture and the water of baptism that do the best work of starting to strip away the grime.

You need to know the chemical makeup of the dirt you're trying to get


rid of in order to know the best natural remedy. If you don't, you'll only scratch the surface and fail to get down to the nitty-gritty of the stain.

When it comes to dealing with sin, we often think of treating the "sins" we commit. We know we've done some bad stuff over the past year and we make resolutions not to do those things again. But when we think of "sin" as simply a laundry list of missteps and mistakes, we miss the real problem that needs to be handled and that's "Sin" with a capital "S." Biblically speaking, that capital "S" Sin is an enslaving power that needs defeating, along with its partner Death, and only a real Savior and Messiah can remove it. The good news that Mark will reveal is that the Son of God has come to do just that through the cross and the resurrection.

The New Year is a marvelous time for recommitting ourselves to Christ. John Wesley had the early Methodists do a covenant renewal service at the beginning of each year as a reminder that Christians need to periodically renew their commitment to the only one who can make them clean once and for all. This is a good time to consider where the Spirit might lead us in the coming year as we grow more and more into the people God created us to be -- people who look more and more like Jesus.

John Wesley wrote these words as a covenant prayer;

I am no longer my own, but thine.
Put me to what thou wilt, rank me with whom thou wilt.
Put me to doing, put me to suffering.
Let me be employed by thee or laid aside by thee.
Exalted for thee or brought low for thee.
Let me be full, let me be empty.
Let me have all things, let me have nothing.
I freely and heartily yield all things to thy pleasure and disposal.
And now, O glorious and blessed God,
Father, Son, and Holy Spirit,
thou art mine, and I am thine.
So be it.
And the covenant which I have made on earth,
Let it be ratified in heaven. Amen.




"INTERDENOMINATIONAL" CHRISTIAN CHURCH

www.wgv.church
904-940-6768


Worship Center at 4229 Pacetti Rd., St. Augustine

**Weekly Worship Services:
Sunday at 9:00 a.m. & 11:00 a.m.**



**Senior Pastor
Alan J. Liphart, M. Div.
Associate Pastor
Michael Legaspi, M.A.
Marketplace Pastor
Aaron Scott Long**

Are you searching for something new?
Try God: He makes all things - and people - new!



"Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland."

Isaiah 43:18-19

**"I only want cremation."
Call For Price**

Flagler Memorial Cremation Society
(904)797-4990 or (904)669-1809

Come Join Us!

Our Lady Of Good Counsel
Called to Walk The Way of Christ Jesus



**A COMMUNITY OF DISCIPLES THROUGH
Witness, Word, Worship,
Welcome**

www.olgc-church.org

Mass Times
Saturday 4:00 pm
Sunday 8:00 am, 10:00 am, 12 Noon
Tuesday & Thursday 8:15 am

Confession
Saturday 3:15 - 3:45 pm
Holydays and Holidays - See website

Our Lady of Good Counsel Catholic Church
5950 State Road 16
St. Augustine, FL 32092
904-824-8688

Father Guy Noonan
Pastor

West on International Golf Drive to State Road 16 and turn right. Go one mile to church on right.

Car Insurance Coverage That Fits You

By Craig Dewhurst, State Farm Agent, Palencia Resident

How are you covered in case of an accident?

You were distracted while backing out of a parking space and didn't see the car behind you until it was too late. You hit the car and you crashed through a fence, too. Everyone in the other car seems fine, but the other driver and his passengers go to the emergency room just to make sure.

Liability Coverage pays damages due to bodily injury and property damages to others for which you are responsible. If you're sued, it also pays your defense and court costs. Medical expenses, pain and suffering, and lost wages are some examples of what Liability Bodily Injury may cover. Liability Property Damage covers damage to property and loss of its use.

How much coverage do you need?

Every state sets a minimum coverage level. Selecting more than the minimum coverage would increase your cost now but potentially give you more protection in case of an accident. Since it's impossible to know the most you'd have to pay if you were to cause an accident that resulted in bodily injury or property damage, be sure to take some time and consider whether you'd be able to afford any damages that exceed your auto insurance coverage. The higher your limits, the more likely it is that we'll be able to pay all of the damages for you. Limits higher than the state minimum might be the best choice for you.

Collision Coverage

It's only a fender-bender, but the cost of the headlight, a new bumper, and a paint job can add up quickly. Collision Coverage will pay for damage to a covered vehicle caused by the following, subject to a deductible: • Collision with another vehicle, • Collision with an object, • A vehicle rollover.

Get A Car Insurance Quote - It's Easy And Fast

Choosing the right auto insurance can be tough. State Farm® makes it easier with a fast online quote that helps you apply car insurance discounts as you go. You can compare options and customize coverage to fit your needs. State Farm is there for you anytime, anywhere you need us, with helpful guidance and a Select Service program of auto repairers committed to providing quality auto repairs. That's why more drivers choose us over any other auto insurer.

A Price You Can Afford

Wondering what covers you and your vehicle in case of an accident? Wonder no more. State Farm® is there with the auto insurance coverage you need at a price you can afford — helping you in case of the unexpected.

No one serves you better than State Farm. Craig Dewhurst, a Palencia resident, is committed to supporting the neighborhoods he serves. Get your auto insurance quote now by calling his office at (904) 940-9740.

BOOK YOUR
Event

**THE PALENCIA CLUB
IS OPEN TO YOU FOR
YOUR PRIVATE EVENT!**

**PLAN YOUR EVENT
WITH US TODAY!**

BOARD MEETINGS
BIRTHDAY PARTIES
CORPORATE LUNCHEONS
HOLIDAY PARTIES
GOLF OUTINGS
CHARITY EVENTS
WEDDINGS AND MORE!

THE PALENCIA CLUB
- A PRIVATE COUNTRY CLUB -



PALENCIA CLUB.COM

**For more info or to plan your event please contact Sara Martinson:
(904) 599-9040 Ex 4 • SMartinson@Hampton.golf**



**Craig Dewhurst, Agent
Palencia Resident**

Office: 315 W. Town Place, Suite 4
St. Augustine, FL 32092
904-940-9740
craig@craigdewhurst.com

Anytime. Anywhere. Any day...

That's when you can count on State Farm®.

I know life doesn't come with a schedule. That's why at State Farm you can always count on me for whatever you need - 24/7, 365.

GET TO A BETTER STATE™.

CALL ME TODAY.

 **State Farm®**